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In the last 2 years Runnin Free Ranch has served close to **200 participants**, facilitating close to **400 equine assisted counseling sessions**, all **free of charge**. Below are just a few testimonials of the experiences participants have had at Runnin Free Ranch.

"We are very thankful for this ministry, Ethan looks forward to each session! Amy, DJ and Kate are great to us and definitely Zeke is greatly appreciated!!" **Ethan's Mom** 

"I have been attending horse therapy sessions for a few months at Runnin Free Ranch. I am learning about relationship issues through the use of horses that I would not have learned with other counseling methods. The owners of Runnin Free Ranch are very caring and compassionate. The ranch is very peaceful and the horses are very well mannered. I would highly recommend Runnin Free Ranch." **An adult participant** 

"Visits with Runnin Free Ranch helped me express my feelings" from a youth "Enjoyed spending time with Zeke & Sevin." "I enjoyed seeing my boys smile" **A Mom and her two young boys** 

"Declan has really matured and gained confidence in himself through working and building a relationship with Zeke." **Declan's Mom** 

"As **a Navy veteran**, I struggled daily with rage, stress, a low self-regard and a lack of empathy before going to the ranch. My interpersonal relationships suffered as well. My relationship with Sevin has helped me let go of control and of the shame of past mistakes that I've carried for years. I am forever grateful to the Runnin' Free Ranch for the treatment I have received!"

"My son James has shown so much growth with going to Runnin Free Ranch. I am amazed at him making friends with Zeke. It's been a great experience for both of us!" **James Mom** 

"At Runnin' Free Ranch I am able to let my guard down around the horses which provides a sense of relief. By doing so I have been able to fully experience what Amy is trying to get me to encounter in my individual recovery." A military combat veteran suffering from post-traumatic stress disorder

"Running Free Ranch has given my daughter a safe place to work through some things in her life. She was very apprehensive at first but now she looks forward to going. Not only can I see the changes in her but her teacher and school counselor have noticed as well. I feel like I am slowly getting my happy little girl back." **A young person's mom**